**Health and Safety Policy**

The Health and Safety of all the children in our care is very important to us and therefore we have documented the following procedures that are in place to support this.

* We do a quick risk assessment of the setting every morning before the children arrive to ensure that it is a safe environment for the children.
* Ensuring adequate supervision at all times.
* All toys will be checked and cleaned regularly to ensure they are safe for your child to use. Any broken or hazardous toys will be removed immediately.
* All plug sockets not in use have socket covers.
* All equipment (potty, toilet training seat, changing mat) will be cleaned after every use and checked regularly for defaults.
* Ensure animals do not pose a health risk.
* Safety equipment appropriate for the children in our care, i.e. stair gates, cupboard locks etc. are checked regularly.
* Fire blanket are kept in the setting in the event of emergencies.
* All doors are secured at all times to prevent the children opening the door to either strangers or to allow themselves outside unsupervised.
* We have procedures in place in the event of a fire (see The fire evacuation policy)
* The kitchen is kept clean, following hygiene guidelines on the storing of food, keeping the fridge at the correct temperature etc. Ensuring dishcloths & tea towels are clean each morning.
* We provide healthy snacks/food which is varied and nutritious. Treats are available sometimes.
* Ensure drinking water is available at all times
* Ensure all allergies and dietary requirements are taken into consideration
* Ensure that the bins are emptied daily and any soiled used nappies are wrapped and placed in your child's bag for you to dispose of at home. This is due to health and hygiene requirements.
* We follow strict hygiene guidelines to prevent contamination.
* We encourage personal hygiene within the daily routine
* We have strict Child protection guidelines in place.
* We encourage safe practices when on outings.
* We teach the children about safety issues like crossing the road and stranger danger and encourage these at all times.
* We teach the children about the importance making healthy food choices and physical exercise and encourage this.
* We discourage the children from keeping ‘secrets’ and where necessary (making of Christmas presents, birthday cards etc) will encourage them that these are ‘surprises’
* We will only ever restrain a child if they are putting themselves or others in danger, for example running into a road.
* Doors will be closed over after arrival of parents.

**Adhering to the sick child policy.**