**Hygiene Policy**

It is very important to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

Children are encouraged to wash their hands after going to the toilet, touching animals and playing outside. They must also wash their hands before eating any meals and snacks.

We will assist the children in hand washing, ensuring that they are washing and drying them correctly.

We will provide clean paper towels in the bathroom each day.

We will assist children with wiping their noses when they have colds and try to teach them how to blow their noses. We will explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs. We will also encourage them to put their hands over their mouths when coughing/sneezing.

We will disinfect the changing mat between children,

We will follow strict hygiene routines in the kitchen, ensuring the fridge is at the correct temperature and that food is stored correctly in it.