**Physical Contact Policy**

We are very aware that each individual child has different needs. Some children like to be affectionate and show it through hugs & kisses etc. Others are not so physically affectionate. We are happy to hug, kiss (head or cheek) hold hands, cuddle, and tickle etc. your child providing both you and your child are happy with this. We would never force a child to do any of the above if it made them feel uncomfortable.

On occasion the need may arise whereby we need to restrain a child. This would mainly be if they are at risk of inflicting harm on themselves, others or if a child tries to run into the road etc. If we do need to restrain your child we will document it in my incident book and ask you to sign the record. This is to protect all parties.

We will separate children if they are fighting.

We will also need to have some physical contact with your child in order to ensure hygiene routines are carried out. For example the washing of hands, faces and the wiping of noses. We are happy to assist with toileting according to the age/stage of ability of the child and to change nappies if required. If necessary we will change a child’s clothes if they have had an accident.